Statement of Credit

This certificate is presented to

Abbey Russell

for attending

Beyond the Athlete: Load Management Plan

Daniel Bedney, MD, CAQSM

Relevé Sports Medicine

June 10, 2026

BOC Approved Provider Representative's Signature

Relevé Sports Medicine (BOC AP# P10140) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 1 Category A hours/CEUs. ATs should claim only those hours actually spent participating in the educational program.

BOC Approved Provider number: P10140 Number of hours actually participated: 1