

Statement of Credit

This certificate is presented to

Nadine De Freitas

for attending

Got Growth? The Relationship between Cam Morphology, Peak Height Velocity, and Training Load during Adolescence

Dr. Sara Terrell

Relevé Sports Medicine

March 31, 2026



BOC Approved Provider Representative's Signature



Relevé Sports Medicine (BOC AP# P10140) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 1 Category A hours/CEUs. ATs should claim only those hours actually spent participating in the educational program.

BOC Approved Provider number: P10140 Number of hours actually participated: 1